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Mystic's musings is the best of all the books that I have read of Sadhguru. Most of the dialogues consolidated in this book "Don't polish your ignorance It may shine", are available in the form of YouTube videos as well. flag 2 likes · Like · see review Feb 18, 2020 Istrate Andrei rated it it was amazing

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The persistent questions of seekers fill this book. It ' s all here — the pain, the confusion, the raging gut-level thirst, all that it means to be human and alive and wanting. And through it all are the clear, strong, unwavering tones of a master who reminds us that the only thing that lies between the human and the divine, the finite and the boundless, the seeking and the finding, is choice. What does that choice entail? Not the acquisition of any path-breaking wisdom, but a determined refusal to strengthen one ' s ignorance, to reinforce one ' s deceptions, to ' gold-plate one ' s limitations '. The danger, Sadhguru tells us, does not lie in being in the dark — that can be dispelled for anyone who genuinely desires it — but in settling for an easy brilliance, a spurious radiance. The danger does not lie in seeking urgently, but in arriving cheaply. " Don ' t polish your ignorance," he warns aphoristically, unforgettably, recurrently in the course of this book. " It may shine. "

The Flowers on the Path series is a bouquet. It comprises articles created by Sadhguru for the Speaking Tree column of the Times of India. These articles have, for many years, brought daily infusions of beauty, humour, clarity and wisdom into lives abraded by mayhem and monotony. In pages devoted to the changing weather of the stock market and international affairs, these articles have brought readers moments of unexpected insight and stillness. Sadhguru's original thoughts, outspoken comments and references to current affairs have sometimes provoked controversy. But they have invariably added vitality and color to a national debate. Like flowers, these articles have inspired and stimulated readers, wafting into their lives as a gentle fragrance on some mornings, and on others, startling them awake with fresh perspectives on age-old ideas and beliefs.

' The thirst to be boundless is not created by you; it is just life longing for itself. ' —Sadhguru This is the extraordinary story of Sadhguru—a young agnostic who turned yogi, a wild motorcyclist who turned mystic, a sceptic who turned spiritual guide. Pulsating with his razor-sharp intelligence, bracing wit and modern-day vocabulary, the book empowers you to explore your spiritual self and could well change your life. It seeks to re-create the life journey of a man who combines rationality with mysticism, irreverence with compassion, ancient wisdom with a provocatively contemporary outlook and a deep knowledge of the self with a contagious love of life. Described as ' a profound mystic, visionary humanitarian and prominent spiritual leader of our times', he is equally at home in a satsangh in rural Tamil Nadu as at the World Economic Forum in Davos. In his early years, Jaggi Vasudev (or Sadhguru as he is now known) was a chronic truant, a boisterous prankster, and later a lover of motorbikes and fast cars. It is evident that the same urgency, passion and vitality echo in his spiritual pursuits to this day, from his creation of the historic Dhyanalinga—the mission of three lifetimes—to his approach as a guru. In Sadhguru's view, faith and reason, spirituality and science, the sacred and the material, cannot be divided into easy binaries. He sees people as ' spiritual beings dabbling with the material rather than the reverse ', and liberation as the fundamental longing in every form of life. Truth for him is a living experience instead of a destination, a conclusion, or a matter of metaphysical speculation. The possibility of self-realization, he strongly believes, is available to all. Drawing upon extended conversations with Sadhguru, interviews with Isha colleagues and fellow meditators, poet Arundhati Subramaniam presents an evocative portrait of a contemporary mystic and guru—a man who seems to pack the intensity and adventure of several lifetimes into a single one.

Joy 24x7 is a very simple but unusual exploration of Joy. There is no religion in this book. There are no rituals prescribed here. There is no deep meditation being described here and neither is there any mention to any spiritual practice. This is not a guidebook. This is not a " self-help " book. It is not going to give you " an instant formula for joy ". But it will surely make you explore your Joy for yourself in a very direct way. The simple, short snippets of daily lives connected with what Sadhguru has to say about Joy, will take you on a wonderful roller coaster ride on Joy with the Master himself. With Sadhguru ' s incredible clarity of expression, his brilliant wit and sense of observation, his ability to bring the most profound aspect in a very simple and direct way, this book is for any human being who seeks to be Joyful. No matter who you are, what you are trying to do, Sadhguru ' s words will touch a wonderful wave of Joy inside you and you will soon be restless to seek Joy 24x7.

For ages, most of humanity has placed " life " and " death " at two ends of the existential spectrum — favoring one, fearing the other and continuously floundering between the two. Only when someone who has consciously traversed between both life and death offers to articulate some aspects of it, does humanity get a glimpse of what lies beyond the horizon of its normal perception. With his extraordinary insights, coming from a profound inner experience, Sadhguru reveals that life and death are, in fact, two sides of the same coin. It is only by embracing both that we can break the shackles of our selfmade struggles and be set free. In his own words, he says: " Death is a cosmic joke. If you get the joke, when you fall on the other side, it will be wonderful. If you don ' t get the joke, when you are here you fear the other side, and when the other side comes, you just don ' t know what it is about. If death becomes a laughing matter in your life, life becomes an utterly effortless process — there is no need to restrain yourself in the process of life; you can live your life absolutely, totally. " " The distance between your life and death is just one breath, isn ' t it? " — Sadhguru

For most people, the mind seems to be an unruly cacophony, attempting to grasp and shape everything which falls in its purview. In mind is your business, Sadhguru explains that only if we make it " our business " to transform this uncoordinated mess into a well — coordinated symphony, will we able to use the mind, rather than be used by it. Sadhguru is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches.

Constructed around a series of late night conversations around a camp fire between Cheryl Simone and Sadhguru Vasudev on an Island in the middle of a Western North Carolina lake near her mountain home, Midnights with the Mystic is the most thorough exposition of the teachings of India's most sought after mystic. Sadhguru challenges us to embrace the possibility that to each of us is available a higher realm of reality, a peak of consciousness, an entr é e into the realm of freedom and bliss. Simone, an Atlanta real estate developer, was the typical baby boomer in search of an authentic spiritual experience. Professionally successful, yet spiritually arid, she discovered a way into what she was looking for in the teachings of Sadhguru. Concrete and down-to-earth, Midnights with the Mystic both provides readers with an introduction to profound spiritual teaching and a personal glimpse of a charismatic guru.

SPECIAL COLLECTOR ' S EDITION Includes 4 National bestsellers Volume 1 - Don ' t Polish Your Ignorance...It May Shine Volume 2 - Himalayan Lust Volume 3 - Mind Is Your Business & Body the Greatest Gadget (2 Books in 1) Volume 4 - Emotion & Relationships (2 Books in 1) This special collection is for the persistent seekers of truth. Through all the confusion, guilt, doubt and regret of everyday life, the unwavering tone of the master reminds us that darkness can be dispelled for anyone who desires it. The four books in this pack offer the readers much sought-after clarity in living life with purpose. SADHGURU is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches.

Emotion " One can make any emotion into a creative force in one ' s life. " — Sadhguru It ' s not just poetic license that allows us to refer to emotions as " juicy ". In a literal sense also, emotions are a chemical cocktail that course through our bodies. But while we have no problems with pleasant emotions, unpleasant emotions are the source of much angst in our lives. In Emotion: The Juice of Life, Sadhguru looks at the gamut of human emotions and how to turn them into stepping stones rather than stumbling blocks. Relationships " If you enhance yourself into a very beautiful state, everyone will want to hold a relationship with you. " — Sadhguru Human beings constantly make and break relationships. Unfortunately, relationships can make and break human beings too. Why are relationships such a circus for most of us? What is this primal urge within us that demands a bond — physical, mental, or emotional — with another? And how do we keep this bond from turning into bondage? These are the fundamental questions that Relationships: Bond or Bondage looks at as Sadhguru shares with us the keys to forming lasting and joyful relationships, whether they are with husband or wife, family and friends, at work, or with the very existence itself. Sadhguru is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches.

PEBBLES OF WISDOM is a compilation of quotes and insights by Sadhguru from several talks, satsangs and discourses upon many occasions and many years. This selection of gems by Sadhguru is something every reader will want to return to time and time again.

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